

**Rape and Sexual Abuse Counselling Centre  
(Darlington and County Durham)**

Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2018

“Charity Commission Copy”  
Registered Charity Number: 1164121

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

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**for the Year Ended 31 March 2018**

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**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustees**  
**for the Year Ended 31 March 2018**

The Trustees present their report together with financial statements for the year ended 31 March 2018.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016).

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1164121

**Principal address**

P.O. Box 106  
Darlington  
Co. Durham  
DL3 7YS

**Trustees**

Mrs Elaine Wolstenholme – resigned 3 August 2017  
Mrs Karley Wray  
Mrs Helen Pepper BA (Hons) PG Dip Cert Ed MC SFS  
Professor Nicole Westmarland  
Mrs Diane Leer MA  
Ms Andrea Darling  
Mrs Kate Jeffels - appointed 30 October 2017

**Independent examiner**

D J Robertson FCA  
Anderson Barrowcliff LLP  
Chartered Accountants  
3 Kingfisher Court  
Bowesfield Park  
Stockton on Tees  
TS18 3EX

**Charity Consultants**

The Kubernesis Partnership LLP  
36 Acomb Wood Drive  
York  
YO24 2XN

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) (RSACC) are:

- 1 To relieve the distress of individuals in County Durham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment – in particular, but not exclusively by the following means:
  - a) the provision of a confidential face to face and telephone counselling service;
  - b) the provision of a centre specifically for women and girls needing further support;
  - c) by referring with permission those clients needing help of a more specialist nature.
- 2 To educate the public and undertake research into the subject of sexual abuse and to disseminate the useful results thereof.
- 3 Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustees**  
**for the Year Ended 31 March 2018**

**ACHIEVEMENTS AND PERFORMANCE**

RSACC continue to be funded by Henry Smith Charity (until 31 March 2019) which funds the Volunteer Coordinator, Lloyds Bank Foundation (until 31 March 2019) for the post of the Data Performance Management System Administrator and part of the CEO post, Pilgrim Trust (until 31 March 2019) to fund the post of a Young Person's Counsellor, Shears Foundation (until 31 March 2018) to fund the post of a Counsellor and secured a 2 year grant from Comic Relief (until 31 March 2019) for core costs. RSACC also secured the tender to continue to deliver the counselling service in the Sexual Assault Referral Centre from 1 July 2017 until 30 June 2019. The number of hours of service provided in the service level agreement to deliver counselling within Durham University has also increased to 27.5 from 20. RSACC are also delivering regular external workshops on sexual violence throughout the colleges at Durham University.

RSACC piloted an Independent Sexual Violence Advocate (ISVA) service from 1<sup>st</sup> July 2017 funded by the Police, Crime and Victims Commissioner. The pilot was a success and the service will continue into the next year. A Mindfulness group was also piloted over the Summer 2017 and is continuing as a rolling group programme along with the Recovery Toolkit group (a group for survivors of domestic violence) which has been successful for several years.

In January 2018 a DCEO was appointed to support the CEO and address future sustainability of the organisation.

RSACC have continued to develop the SELFIE programme (a preventative programme for young people focusing on consent and healthy relationships) which is being delivered in schools and community based settings.

**FINANCIAL REVIEW**

**Reserves Policy**

The trustees have set a reserves policy which requires:

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- RSACC will provide goodwill in respect of 8 weeks gross redundancy pay for staff in existing roles (funding permitting) in circumstances where the statutory requirement is less; otherwise the statutory requirement applies.
- A proportion of reserves be maintained in a readily realisable form.

The charity made a surplus of £19,282 (2017: £9,038) during the year on unrestricted funds. The restricted funds at the year end stood at £18,598 (2017: £42,754) and the unrestricted funds were £222,756 (2017: £203,474).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Rape and Sexual Abuse Counseling Centre (Darlington and County Durham) CIO was incorporated on 26 October 2015 (registered charity number 1164121) and the assets and liabilities of the unincorporated charity which totalled £223,519 were transferred to the CIO on 31 March 2016.

**Governing document**

The Charitable Incorporated Organisation's governing document is its constitution which was registered on the 26 October 2015 and adopted on 1 April 2016.

**Appointment, induction and training of trustees**

Overall management for the charity is the responsibility of the trustees. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

The members of the CIO at any point in time shall be the same persons as its charity trustees at that time. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

**TRUSTEE STATEMENT**

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission guidance on public benefit.

Approved by order of the board of trustees on ..... 05.09.2018... and signed on its behalf by:

Mrs D Leer MA  
Trustee



**Independent Examiner's Report to the Trustees of  
Rape and Sexual Abuse Counselling Centre  
(Darlington and County Durham)**

**Independent Examiner's Report to the Trustees of Rape and Sexual Abuse Counselling Centre.**

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2018 which are set out on pages 4 to 11.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



D J Robertson FCA  
Anderson Barrowcliff LLP  
Chartered Accountants  
3 Kingfisher Court  
Bowesfield Park  
Stockton on Tees  
TS18 3EX

Date: 19 September 2018

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Statement of Financial Activities**  
**for the Year Ended 31 March 2018**

	Notes	Restricted Funds £	Unrestricted Funds £	2018 Total £	2017 Total £
<b>INCOME FROM:</b>					
Donations and legacies	2	292,762	5,786	298,548	296,478
Charitable activities	3	42,580	11,733	54,313	46,432
Investment income – bank interest		-	657	657	702
<b>Total income</b>		<u>335,342</u>	<u>18,176</u>	<u>353,518</u>	<u>343,612</u>
<b>EXPENDITURE ON:</b>					
Charitable activities	4	354,079	4,313	358,392	320,903
<b>NET MOVEMENT IN FUNDS/NET INCOME FOR YEAR</b>					
		(18,737)	13,863	(4,874)	(22,709)
Transfers	11	(5,419)	5,419	-	-
		<u>(24,156)</u>	<u>19,282</u>	<u>(4,874)</u>	<u>(22,709)</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		42,754	203,474	246,228	223,519
<b>TOTAL FUNDS CARRIED FORWARD</b>	11	<u><u>18,598</u></u>	<u><u>222,756</u></u>	<u><u>241,354</u></u>	<u><u>246,228</u></u>

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Balance Sheet**  
**At 31 March 2018**

	Notes	2018		2017	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	8		60		903
<b>CURRENT ASSETS</b>					
Debtors	9	905		7,472	
Cash at bank		<u>250,329</u>		<u>241,608</u>	
		251,234		249,080	
<b>CREDITORS</b>					
Amounts falling due within one year	10	<u>(9,940)</u>		<u>(3,755)</u>	
<b>NET CURRENT ASSETS</b>			<u>241,294</u>		<u>245,325</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>241,354</u>		<u>246,228</u>
<b>FUNDS</b>					
Restricted funds	11		18,598		42,774
Unrestricted funds	11		<u>222,756</u>		<u>203,474</u>
<b>TOTAL FUNDS</b>			<u>241,354</u>		<u>246,228</u>

The financial statements were approved by the Board of Trustees on 5.9.18 and were signed on its behalf by:

  
.....  
Mrs D Leer MA  
Trustee

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2018**

**1 ACCOUNTING POLICIES**

**(a) General information and basis of preparation**

Rape and Sexual Abuse Counselling Centre is a charitable incorporated organisation in England. The principal address is given in the Charity information on page 1 of these financial statements.

The Charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice Standard applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**(b) Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**(c) Income**

Items of income are recognised and included in the accounts when all the following criteria are met:

- The charity have entitlement to the funds.
- Any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity.
- There is sufficient certainty that receipt of the income is considered probable; and
- The amount can be measured reliably.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. There is no netting off within the accounts.



**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2018**

**1 ACCOUNTING POLICIES - continued**

**(d) Expenditure**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. It includes attributable VAT which cannot be recovered.

Charitable expenditure comprises those costs incurred by the company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office and governance costs.

Governance costs include those incurred in the governance of the charity which are associated with the constitutional and statutory requirements.

**(e) Tangible fixed assets**

Tangible fixed assets are stated at cost, less depreciation. Assets costing less than £250 are not capitalised.

Depreciation is provided at the following rates calculated to write off the cost of fixed assets over their expected useful life:-

Office Equipment	- Equipment	- 33% on cost per annum
	- Fixtures and Fittings	- 25% on cost per annum

**(f) Debtors**

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

**(g) Cash at bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**(h) Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

**(i) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**(j) Taxation**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**(k) Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2018**

**1 ACCOUNTING POLICIES – continued**

**(I) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 DONATIONS AND LEGACIES**

	Restricted £	Unrestricted £	Total 2018 £	Total 2017 £
<b><u>Grants</u></b>				
Big Lottery	71,010	-	71,010	76,705
Durham PCC ISVA Grant	16,200	-	16,200	34,400
County Durham Community Foundation	-	-	-	10,000
Lloyds Bank Foundation	25,000	-	25,000	24,681
Pilgrim Trust	16,680	-	16,680	16,235
Comic Relief	20,000	-	20,000	10,000
Henry Smith Charity	35,200	-	35,200	34,300
Shears	21,048	-	21,048	-
Rape Support Fund – Ministry of Justice Victim & Witness Fund	87,624	-	87,624	84,000
	<u>292,762</u>	<u>-</u>	<u>292,762</u>	<u>290,321</u>
<b><u>Donations</u></b>				
Just Giving	-	550	550	245
Penelope Martin Trust	-	5,000	5,000	5,000
Sundry donations	-	236	236	912
	<u>-</u>	<u>5,786</u>	<u>5,786</u>	<u>6,157</u>
	<u>292,762</u>	<u>5,786</u>	<u>298,548</u>	<u>296,478</u>

In 2017 £290,321 of grants related to restricted funds and £6,157 related to unrestricted funds.

**3 CHARITABLE ACTIVITIES**

	£	£	2018 £	2017 £
Durham Police (SARC)	20,759	-	20,759	17,232
Training	-	9,733	9,733	8,400
Durham University	21,821	-	21,821	18,800
Rape Crisis Fund	-	2,000	2,000	2,000
	<u>42,580</u>	<u>11,733</u>	<u>54,313</u>	<u>46,432</u>

In 2017 £36,032 of charitable activities income related to restricted funds and £10,400 related to unrestricted funds.

**4 CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 5) £	Support costs (See note 5) £	Totals £	2017 £
	311,235	47,157	358,392	320,903
	<u>311,235</u>	<u>47,157</u>	<u>358,392</u>	<u>320,903</u>

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2018**

**5 DIRECT & SUPPORT COSTS**

	2018	2017
	£	£
<b>Direct</b>		
Wages	234,722	208,429
Social Security	15,867	13,991
Pensions	14,968	13,085
Rates and water	479	-
Memberships	235	230
Supervision	7,951	9,738
Training	12,036	12,424
Subsistence	6,730	4,808
Outreach	10,233	10,150
Recovery Tool Kit	1,379	3,621
Refurbishment	6,635	-
Administration assistance	-	926
	<u>311,235</u>	<u>277,402</u>
<b>Support</b>		
Rates and water	8,775	8,000
Insurance	2,411	2,752
Telephone	3,009	2,280
Postage & stationery	4,723	2,281
Advertising	894	1,735
Sundries	8,849	8,279
IT Costs	7,546	4,838
Repairs & renewals	-	1,288
Depreciation	1,466	1,006
<b>Governance Costs</b>		
Accountancy	3,915	4,391
Legal & professional fees	5,569	6,651
	<u>47,157</u>	<u>43,501</u>

In 2017 £312,682 of the charitable activity costs relate to restricted expenditure and £8,221 relate to unrestricted expenditure.

**6 TRUSTEES' REMUNERATION & BENEFITS**

No other trustees' expenses or remuneration were paid in the year ended 31 March 2018. In the prior year one trustee, Mrs E Wolstenholme was paid £180 for supervision work.

**7 STAFF COSTS**

	2018	2017
	£	£
Wages and salaries	234,722	208,429
Social security costs	15,867	13,991
Other pension costs	14,968	13,085
	<u>265,557</u>	<u>235,505</u>

The average monthly number of employees during the year was 13 (2017: 12).

No employees received emoluments in excess of £60,000.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statement**  
**for the Year Ended 31 March 2018**

**8 TANGIBLE FIXED ASSETS**

	<b>Fixtures &amp; Fittings £</b>	<b>Computer Equipment £</b>	<b>Totals £</b>
<b>COST</b>			
At 1 April 2017	1,027	11,119	12,146
Additions	-	623	623
	<hr/>	<hr/>	<hr/>
At 31 March 2018	1,027	11,742	12,769
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<b>DEPRECIATION</b>			
At 1 April 2017	827	10,416	11,243
Charge for year	170	1,296	1,466
	<hr/>	<hr/>	<hr/>
At 31 March 2018	997	11,712	12,709
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<b>NET BOOK VALUE</b>			
At 31 March 2018	30	30	60
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2017	200	703	903
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2018 £</b>	<b>2017 £</b>
Trade debtors	-	2,872
Prepayments	905	4,600
	<hr/>	<hr/>
	905	7,472
	<hr/> <hr/>	<hr/> <hr/>

**10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2018 £</b>	<b>2017 £</b>
Trade creditors	977	693
Other creditors	-	1,196
Accruals and deferred income	8,963	1,866
	<hr/>	<hr/>
	9,940	3,755
	<hr/> <hr/>	<hr/> <hr/>

Accruals and deferred income includes the following deferred income

	<b>£</b>	<b>£</b>
- Opening balance	-	-
- Amount deferred in year	7,067	-
- Released in year	-	-
	<hr/>	<hr/>
- Closing balance	7,067	-
	<hr/> <hr/>	<hr/> <hr/>

The deferred income relates to money received from Durham University relating to April 2018 and Durham Constabulary relating to April to June 2018.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2018**

**11 MOVEMENT IN FUNDS**

	<b>Balance B/fwd £</b>	<b>Incoming Resources £</b>	<b>Outgoing Resources £</b>	<b>Transfers £</b>	<b>Balance C/fwd £</b>
<b>Unrestricted funds</b>					
General fund	203,474	18,176	(4,313)	5,419	222,756
<b>Restricted funds</b>					
Durham Police (SARC)	-	20,759	(16,755)	(4,004)	-
Durham PCC ISVA Grant	23,741	16,200	(33,909)	-	6,032
Big Lottery	8,957	71,010	(79,145)	-	822
Lloyds Bank Foundation	-	25,000	(25,000)	-	-
Ministry of Justice – Rape Support Fund	-	87,624	(87,624)	-	-
Shears	-	21,048	(21,048)	-	-
Henry Smith Charity	-	35,200	(35,200)	-	-
Durham University	56	21,821	(18,718)	(1,415)	1,744
Pilgrim Trust	-	16,680	(16,680)	-	-
Comic Relief	10,000	20,000	(20,000)	-	10,000
	<u>42,754</u>	<u>335,342</u>	<u>(354,079)</u>	<u>(5,419)</u>	<u>18,598</u>

The money received from Durham Police for SARC (Sexual Abuse Referral Centre) was funding for the delivery of a counselling service.

The money received from Durham PCC was to fund the ISVA Research and Training.

The Big Lottery Funding was received to fund the salary of a Development Worker and Counsellor for outreach work, and to develop a preventative programme around consent, to work with young people.

The money received from the Lloyds Bank Foundation is to fund a Data Performance Management System Administrator and part of the Chief Executive Officer salary.

The money from the Ministry of Justice – Rape Support fund is to provide direct and front line support to female victims of rape and sexual violence.

The money received from Shears was to fund the salary of a Counsellor.

The money received from The Henry Smith Foundation was to fund the salary of the volunteer co-ordinator.

The money received from Durham University is to deliver counselling within the University.

The money received from the Pilgrim Trust is to fund to the post of a young persons Counsellor.

The money received from Comic Relief was for the “Sustain Sexual Violence Service for Women and Girls in County Durham” project.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statement**  
**for the Year Ended 31 March 2018**

**12 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	60	-	60
Current Assets	232,636	18,598	251,234
Current Liabilities	(9,940)	-	(9,940)
	<u>222,756</u>	<u>18,598</u>	<u>241,354</u>

**13 PENSION COSTS**

The charity operates a defined contribution benefits scheme for the benefit of the employees. The cost in the year was £14,968 (2017: £13,085). There were unpaid contributions at the year-end of £nil (2017: £1,190).