How to get in touch with RSACC

You can refer yourself for support by calling us on **01325 354119**.

You can also email us:

info@rsacc-thecentre.org.uk

Or write to us:

RSACC PO Box 106 Darlington DL3 7YS

Our local Helpline is **confidential and anonymous**. Trained and experienced women are there to listen and support sexual or domestic violence survivors. **Call us on 0300 222 5730**. Check our social media for our Helpline opening times.

You can find more information about our services or how to become a volunteer or supporter www.rsacc-thecentre.org.uk by calling our business line during office hours 01325 354119.









For survivors who need to talk to someone about rape or sexual abuse



RSACC is a charity run by and for women. We work to end rape and sexual violence by supporting and empowering women and girls in Darlington and County Durham.

We offer free, safe support to survivors 13 and above who have experienced any form of sexual abuse at any time in their lives.



Our confidential services include:

- Counselling
- Telephone helpline
- Support groups run by women
- Access to trained Independent Sexual Violence Advisors (ISVAs)

We also offer bespoke training on sexual violence and actively campaign to end to all forms of rape and sexual violence.

If you need to talk to someone in confidence about sexual abuse, we are here for you.